**IMBODEN AREA CHARTER SCHOOL**

**WELLNESS COMMITTEE MEETING MINUTES**

January 17, 2017

**Attendance-**

Judy Warren- Child Nutrition Director and Physical Education Teacher, Matthew Wells- Chairperson, Lisa Lewallen- Parent, Cole Williams- Student, Betty Gregory- School Nurse, Tonya Phillips- School Board Representative, Scott Rorex- Public Community Member.

**Minutes-**

Assistant Director Matthew Wells called the meeting to order at 5 p.m. A brief overview of the meeting’s agenda was provided to the committee.

Progress toward the School Health Index goals was discussed. Teachers explained to the committee that most parents were supportive of students staying after school to complete work rather than doing so at recess. This cooperation led the committee to believe that this goal had been obtained. School Nurse Betty Gregory then explained that she had contacted the Northeast Arkansas Educational Cooperative to obtain a consulting school health physician. Mrs. Gregory explained that she would update the committee on this matter at the next scheduled meeting.

A motion was made by Tonya Phillips and seconded by Lisa Lewallen to approve the breakfast menu and a 4 week rotation of lunch menus for the third quarter.

Mrs. Warren explained that she would be contacting representatives at the National School Lunch Administration to obtain posters promoting nutrition in the classroom in the near future. Also handouts were produced explaining the MyPlate.org website which provides students and parents with nutritional information as well as recipes.

Meeting adjourned at 6:15 p.m.